

Newsletter April 2011

www.transitiontownbridport.co.uk

Transition Town Bridport - a project working to bring together the people of Bridport to plan a life beyond dependence on oil, to reduce the carbon footprint of the town and to make it resilient to change.

Latest News

Young Transitioners from The Colfox Eco Club offer 'Food of Love'

Members of Colfox School Eco-club have been growing vegetables from seed in the school greenhouse, helped by members of Transition Town Bridport. On Saturday 23 April they set up a stall outside the Arts Centre in Bridport and gave them away to local young people. Dozens of children came away with tomato, strawberry, bean and pea plants.



Sarah Wilberforce said "It is wonderful to see young people getting the growing habit, and learning that their food does not need to come from a supermarket. Their enthusiasm gives us hope for a resilient future, breaking our dependence on fossil fuels"

News from the Sub-groups

Awareness & Education



This group is continuing its work, producing publicity for all our events and currently putting together a Food Group leaflet and a survey to find your skills and interests (watch your inbox for that, it's coming soon).

Energy-saving

Do get in touch and join our energy-saving group – come and share your ideas and help reduce Bridport's energy use.



Food



The Bridport Food Festival www.bridportfoodfestival.org.uk will involve TTB twice:

We will have a stall at the festival in Asker Meadow on 18th June, themed on local food and how NOT to waste it, and the following day we are hosting, in partnership with SW Dorset LETS, **Bridport's Big Picnic**, from 12-3. Bring lovely local food and join us. SW Dorset LETS will be trading in local currency with members, or in cash to non-members.

The group is also busy working on a Food Group leaflet in preparation for the two events above.

Young Transitioners

You can see their 'Food of Love' event was a great success – plans are now underway for the summer term.



Zero waste



Bridport's Big Picnic will be a Zero Waste event where attendees will take responsibility for their own waste material and leave nothing behind. At The Big Lunch last year, Zero Waste was achieved easily by everyone being thoughtful about their use of non-reusable containers, taking their waste home or recycling it nearby. There wasn't a single thing to pick up afterwards. Wonderful. We wish all events could be run this way.

The Food Festival is keen to be as 'green' as possible and we have been trying very hard to enable proper recycling facilities for them. Putting out recycling bags isn't the simple answer – these always need re-sorting and the man-power comes expensive. Last year they used a local company and to save money three TTB volunteers spent the whole day doing the sorting for them. It was obvious we needed many more than three people so this year it looks as though there will be no recycling at the festival, which is a great shame.

However, if anyone out there feels they would be prepared to come and be a 'Womble' next year for their town's food festival – please let us know and we will get in touch ready for next year's event. We would not expect anyone to do it if there are less than 12 volunteers. However, the more people who volunteer, the less work it is for each individual. We know how to make it work, we just need the volunteers.

What's On

Check the website too, as more events may be added



TTB's Food Group

Beach and Barnicott (upstairs room) - South St, Bridport

Friday 6th May at 3.00pm

Come and help encourage all aspects of enjoying local food: growing/producing/buying/eating.

Autonomy Films present a documentary about the threat of GM crops:

The World According to Monsanto (not a TTB event)

St. John Ambulance Hall, Rax Lane, Bridport

Sunday May 8th 7.30pm

Entry £3 (less if you cannot afford that)

Debate and refreshments available.

Monsanto, the worlds largest seed manufacturer, has spread GM crops worldwide in a bid to gain control over the global food supply. Operating in 46 countries, it has faced trial after trial over the toxicity of its products. Behind the PR, scientists and politicians as well as victims tell how its industrial empire was built on lies, pressure, corruption and collusion with the US government.

"If they control seed, they control food; they know it. It's more powerful than bombs; it's more powerful than guns. This is the best way to control the populations of the world." Vandana Shiva, physicist and campaigner

Contact: autofilm1@gmail.com

A celebration of herbs weekend (not a TTB event)

Fivepenny Farm

Saturday and Sunday 14 and 15 May

- Herb walks for medicinal and culinary use
- Workshops on: Herbs for kids, herb drying and preserving, making tinctures, natural lotions, salve making, soap making
- Meeting to discuss legislation regulating herbal medicines
- Handmade herbal products made by cooperative members on sale

Weekend £20 - Daytime meals provided by the **Real Food Bus**

Call **01297 560755** or email jyoti@tlio.org.uk to book

National Trust - Spring Tide 2011

(not a TTB event)

Hive Beach, Burton Bradstock

Saturday 21st May, 10am -3pm

Spring Tide 2011 Dorset's Jurassic food and drink festival is back! Visit the Spring Tide website for details of how to book a pitch or to find out more. This spectacular West Dorset outdoor food event offers you the chance to meet and buy from West Dorset's hugely talented local producers who will once be on hand to show off Dorset produce at its very best, so expect to find everything on the shopping list from spring veg, fresh fish & local meat, artisan bread, cheeses and a selection of locally made wines, beers and cider. www.spring-tide.org.uk



TTB's Green Drinks

The Tiger Inn, Barrack Street

Thursday 19th May from 8pm. This event is every 3rd Thursday in the month.

Come and join us.

Bridport Food Festival

(not a TTB event, but we're involved)

Many events happening in and around Bridport

from Sunday 12th to Sunday 19th June

www.bridportfoodfestival.org.uk - festival programme will be out soon - keep a lookout

The festival will involve TTB twice:

- **18 June** - stall on the big day of the festival in Askers Meadows
- **19 June** - Bridport's Big Picnic (see below for details) in the Community Orchard



FREE EVENT - Bridport's Big Picnic - also LETS Trading - hosted by TTB and SW Dorset LETS

Bridport Community Orchard and in St Mary's Church Hall
Sunday 19th June, 12-3(ish)

A 'bring-your-own' community picnic to round off Bridport Food Festival and celebrate the abundance of local produce we can enjoy in and around Bridport. To that end, we ask that hampers are packed with local food as far as possible please! In addition, SW Dorset Local Exchange Trading System's members will be trading in local currency (Nets) or cash to non-members.

All welcome - entry is FREE!

NB This will be a Zero Waste event. We ask you to take everything away with you and reuse, recycle or dispose as appropriate. You left no waste at last year's picnic - thank you.



Any questions please contact us or SW Dorset LETS:
admin@transitiontownbridport.co.uk or drisc.juggs@talk21.com

GETTING INVOLVED

IF YOU HAVE EMAIL AND USE COMPUTERS

All anyone has to do is to get in contact with admin@transitiontownbridport.co.uk and you will be added to the Interested People list and/or put in touch with the group or activity you would like to join. If you are receiving this, you are already on it.

You can [download a membership form](#) and sign up as a registered/voting member.

FACEBOOK:

Join our group on FB and leave your comments and ideas - you'll find us under Transition Town Bridport (where else?)

IF YOU DON'T USE COMPUTERS

AT LAST we have a scheme to include our non computer users. We now have a signup sheet available from the upstairs desk in **Bridport Library**. Details will be collected regularly and paper newsletters will be either hand-delivered or posted. Comments and suggestions (constructive, please!) can be left at the library too, in the folder.

SUB-GROUPS (ACTIVITY GROUPS)

Just contact us and you will be put in touch with the group or activity you would like to join, or just get yourself to a meeting - check **What's On** here, or on the website.

OTHER BRIDPORT GROUPS

If anyone wishes to collaborate with TTB on any project, or has ideas for a new project, please let us know and you will be welcomed to the next Steering Group meeting. Please contact admin@transitiontownbridport.co.uk

Visit our website - www.transitiontownbridport.co.uk

You don't have to wait for newsletters - it's an easy way to keep up to date with TTB.

If you no longer wish to be on this circulation list, please tell us. Email admin@transitiontownbridport and you will be removed. However, if you have been forwarded this by a friend and would like to receive your own, please contact us (as above) with your email address and you will be added to the mailing list.

